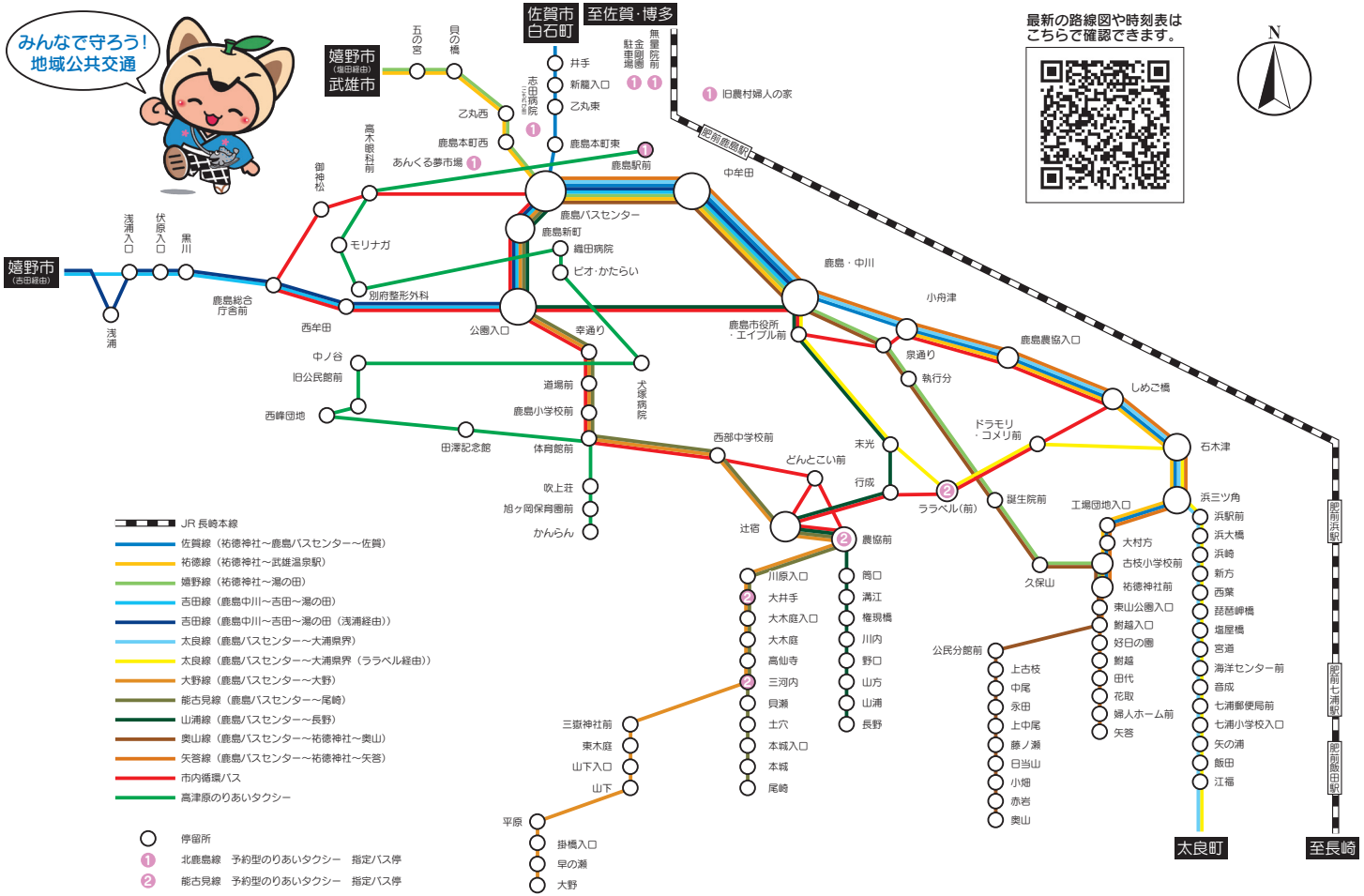鹿島市地域公共交通マップ