



Enjoy  
Entire  
Kashima!

# HOT! MEKU



HOT-MEKU means "to welcome" and "to entertain" in the Kashima dialect.

## 01 Stay



## 02 Experience

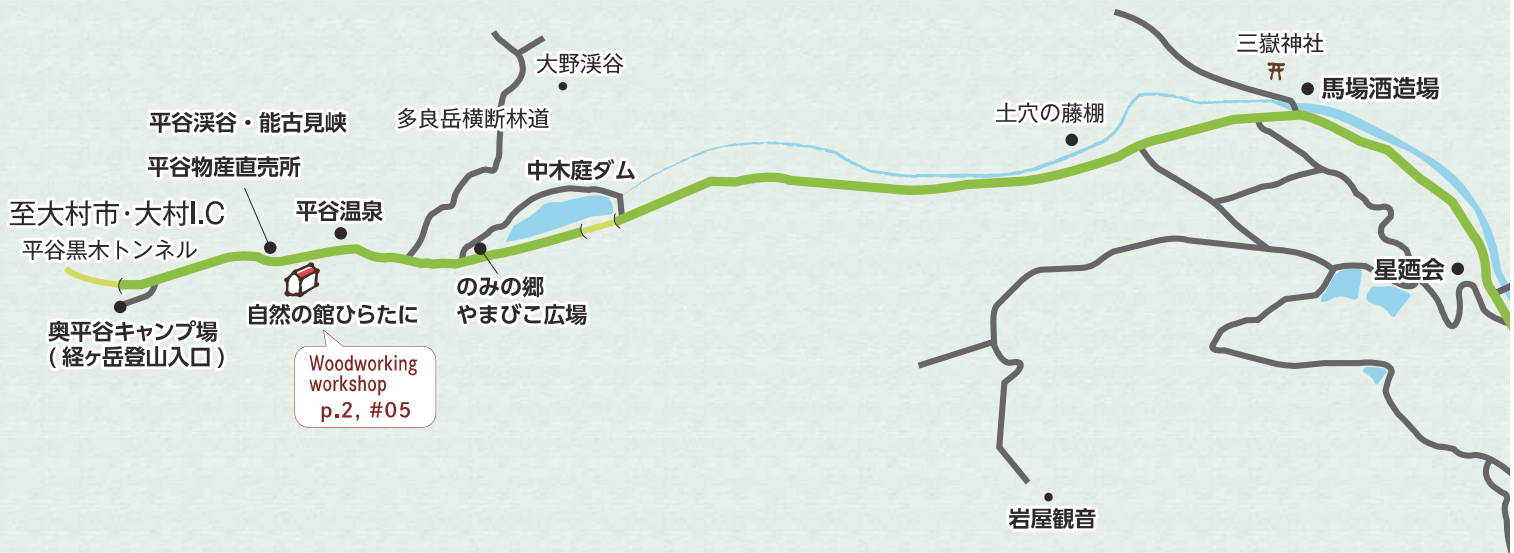


## 03 Eat



## Kashima New Tourism

Kashima New Tourism



Woodworking workshop  
p.2, #05

Yutoku Inari Shrine



祐徳門前商店街

鹿島市観光協会

祐徳博物館

織田写真館

Photography class  
p.5, #17

# HOT! MEKU



Orange/grape picking  
p.3, #07, 09, 11

みかん畑  
有明海展望

## Kashima New Tourism

鹿島市ニューツーリズム

### 多良岳オレンジ海道 (至太良町・諫早市)

鎮守神社

Agricultural experience /  
Stay at a guest house!  
p.4. #15, 16

民宿みんなの家



至太良町  
諫早市

海道しるべ

天子神社

JR肥前七浦駅

至太良町  
諫早市

Experience a tidal flat / orange  
picking / grape picking / walking  
p.2, #01-04, 06  
p.3, #08, 10

道の駅鹿島  
(干潟交流館)

ガタリンピック開催地  
干潟体験



Day camping in nature  
p.4, #14

Hand-copying Buddhist sutras  
for refreshing mind & body  
p.5, #19

Introductory workshop in  
Kashima Nishiki Weaving  
p.5, #18

Japanese pickle-making  
p.5, #20

Sakagura (Sake Brewery)  
Street walking/copper  
sheet-processing class  
p.4, #12, 13  
Guest House Maru &  
Guest House And  
p.5, #21, 22

有明海

## 有明海で楽しむ

### 01 "Tanajibu" fishing method experience

The traditional fishing method of the Ariake Sea, "Tanajibu", is a fishing method from the late Edo era that uses seafood flowing by the tide. Why not challenge this fishing method that is hardly seen now? In addition, you can take the caught seafood with you.



Experience fee/1 unit 1 tide 1,000 yen  
Time/1 Fluctuation due to tide  
Number of people/1 to 10 people  
Parking Lot/Road Station Kashima  
Reservation/Not necessary depending on time

Nanaura New Tourism Activity Promotion Council Secretariat Kashima City Otonari Kabuto 4427-6  
TEL 0954-69-1768 E-mail nanaura\_higata@yahoo.co.jp

### 02 Hand-made nori (seaweed) experience

You can use the raw seaweed taken by a fisherman early in the morning to make the "one and only" seaweed with your own hands. Why don't you try making Japan's most luxurious seaweed of Japan's most beautiful The Ariake Sea?



Experience fee/[1 person] 1,500 yen  
Time/1 hour  
Number of people/5 to 30 people  
Period/From December to February  
Reservation/Reservation required 1 week in advance  
Souvenir/plastic file folder

Nanaura New Tourism Activity Promotion Council Secretariat Kashima City Otonari Kabuto 4427-6  
TEL 0954-69-1768 E-mail nanaura\_higata@yahoo.co.jp

\* Acceptance status may fluctuate depending on the sea conditions (growth of laver) in the Ariake Sea

### 03 Mudflat experience

Popular activity for individuals, families and small groups. After the lecture on how to enjoy the tidal flats, you can play freely with the tidal flats of the Ariake Sea. You may have a close encounter with famous Mutsugoro of tidal flats.



Experience fee./Elementary school students and older: [1 person]  
Time/1 hour to 2 hours Varies due to tide  
Number of people/As from 1 person  
Period/Mid-April to October (on Saturdays, Sundays, public holidays and during Golden Week holidays)  
Parking Lot /Road Station Kashima  
Reservation/Not necessary during summer vacation

Nanaura New Tourism Activity Promotion Council Secretariat Kashima City Otonari Kabuto 4427-6  
TEL 0954-69-1768 E-mail nanaura\_higata@yahoo.co.jp

## 山の体験

### 04 Orange Road leisurely walk

The Healthy Walk is a very popular event which attracts many fans from both in and out of Saga prefecture every year. The 12 km long course is a wonderful walking course with a panoramic view of the mandarin orange fields and the Ariake Sea. You must try it! Please contact us for the date.



Experience fee/Junior high school students and older: [1 person] 500 yen Less than junior high school students [1 person] 200 yen  
Time/10:00~15:00  
Number of people/As from 1 person  
Parking Lot /Road Station Kashima  
Reservation/Reservation required 3 days in advance

Nanaura New Tourism Activity Promotion Council Secretariat Kashima City Otonari Kabuto 4427-6  
TEL 0954-69-1768 E-mail nanaura\_higata@yahoo.co.jp

### 05 Woodworking lesson - Making robots and small chairs-

Because it can be assembled without using nails or blades, it is safe and secure even for small children. We also provide business trips to event venues such as nursery schools, elementary schools, and children's associations.



Experience fee/One robot: 500 yen  
One small chair: 200 yen to 300 yen  
Time/1-2 hours  
Number of people/As from 1 person  
Period/Every year (closed on Tuesdays)  
Parking Lot/Available (Large vehicles possible)  
Reservation/Reservation required

Kashima City Nature Museum Hiratani 3871-88, Heisei Yamaura, Kashima City TEL 0954-64-2579  
E-mail sizen@po.asunet.ne.jp <http://www.city.saga-kashima.lg.jp/main/372.html>

## 農業体験

### 06 Sweet potato digging experience

At the location overlooking the Ariake Sea, farmers will tell you the process of how sweet potatoes are grown and harvested, and then you can dig them out. It will create wonderful memories of eating organic and safe sweet potatoes.



Experience fee/[1 person] 700 yen  
Time/1 hour  
Number of people/4 to 50 people  
Period/October to November  
Parking Lot/Road Station Kashima  
Reservation/Reservation required 1 week in advance  
Souvenir/Sweet potatoes to take home

Nanaura New Tourism Activity Promotion Council Secretariat Kashima City Otonari Kabuto 4427-6  
TEL 0954-69-1768 E-mail nanaura\_higata@yahoo.co.jp

## 07 Mandarin picking experience

Experience picking oranges at our contract farm (Nanaura district). Enjoy our organic Wenzhou oranges full of sugar. Of course, you can take the oranges home, too. Please contact us for the date.



Experience fee/[1 person] 1,000 yen  
Time/2-3 hours  
Number of people/20 people  
Period/Mid-October to early December \*Varies depending on growth  
Parking Lot/Meet at Kashima City Hall parking lot, then carpool  
Reservation/Reservation required 1 week in advance  
Souvenir/Mandarin oranges to take home

Taradake-Ariake Sea Water Protection Association Water Association  
544 Takatsuhara, Kashima, TEL 0954-63-4329 E-mail mizunokai@tea.ocn.ne.jp <http://www17.ocn.ne.jp/~mizu/>

## 08 Mandarin picking experience

From the farm on the hillside of the Mt.Taradake, you can see not only the entire view of the Ariake Sea, but also Mt. Unzen Fugen on the Saga Plain and even up to Kumamoto Prefecture. Why don't you taste the luxury while eating the delicious Nanaura mandarins that grew up in such nature?



Experience fee/[1 person] 1,000 yen  
Time/9: 00-17: 00 (Reception 9: 00-16: 00)  
Number of people/As from 2 people  
Period/Mid-October to early December  
\*Varies depending on growth  
Parking Lot/Road Station Kashima  
Reservation/Reservation required several days in advance  
Souvenir/All-you-can-eat tangerines on the spot, with tangerines to take home

Nanaura New Tourism Activity Promotion Council Secretariat Kashima City Otonari Kabuto 4427-6  
TEL 0954-69-1768 E-mail nanaura\_higata@yahoo.co.jp

## 09 Mandarin picking experience

We are waiting for you with our tasty mandarin oranges this year, like any other year. Tasting the oranges picked by your own hands should be something extraordinary. Come and enjoy orange picking on your next holiday!



Experience fee/Free admission / All-you-can-eat on the spot / To take-out as from 230 yen/kg  
Time/9: 00-17: 00 (Reception 9: 00-17: 00)  
Number of people/As from 2 people  
Period/Mid-October to early December  
\*Varies depending on growth  
Parking Lot/Meet at major facilities in the city, carpool to the orange grove (please consult for large vehicles)  
Reservation/Reservation required several days in advance.  
After accepting your reservation, we will check with the farmers and will inform you about the meeting place, etc.

Utilizing the Taradake Orange Kaido (JA Sagamidori District Gardening Guidance Division)  
3734-1 Kamahama Station, Kashima TEL 0954-62-2145

## 10 Grape picking experience

Nanaura is a hidden mine of fruits. We have delicious fruits such as grapes and mangoes, including Nanaura mandarin oranges and many more. Just imagine filling your mouth with sweet and tasty fresh grapes! You'll love it!



Experience fee/[1 person] 1,500 yen  
Time/9: 00-17: 00 (Reception 9: 00-16: 00)  
Number of people/As from 2 people  
Period/Mid-August to early September  
Parking Lot/Road Station Kashima  
Reservation/Reservation required several days in advance  
Souvenir/All-you-can-eat grapes (Kyoho) on the spot with grapes (Kyoho) to take home

Nanaura New Tourism Activity Promotion Council Secretariat Kashima City Otonari Kabuto 4427-6  
TEL 0954-69-1768 E-mail nanaura\_higata@yahoo.co.jp

## 11 Grape picking experience

Why don't you try harvesting the sweet and delicious grapes of Kashima that have received plenty of love from the farmers and the blessings of the sun?



Experience fee/Free admission / All-you-can-eat on the spot / To take-out as from 1,000 yen/kg  
Time/9: 00-17: 00 (Reception until 16:00)  
Period/Mid-August to early September  
\*Fluctuates depending on growing conditions  
Parking Lot/Meet at major facilities in the city, then carpool to the vineyard (please consult for large vehicles)  
Reservation/Reservation required several days in advance  
Souvenir/Sweet potatoes to take home

Utilizing the Taradake Orange Kaido (JA Sagamidori District Gardening Guidance Division)  
3734-1 Kamahama Station, Kashima TEL 0954-62-2145

## 12 Guided sightseeing and strolling around Hisen Hamajuku Sake brewery

Take a stroll with a tourist guide in Hisen Hamashuku, where traditional buildings such as thatched roofs and white-walled warehouses remain.



Hisenhamajuku Water and town association 4277 Hamacho Ko, Kashima City  
TEL 0954-69-8004 E-mail npohama@po.asunet.ne.jp <http://www.kashimacity.com/play/machinami/>

Experience fee / Course A

(time required: about one and a half hours)

[1 person] 500 yen [Group / 5 people or more] 2,000 yen

Course B (time required: about 2 hours)

[1 person] 700 yen [Group / 5 people or more] 3,000 yen

The required time can be adjusted according to your wishes.

Time / 10:00-15:00 (17:00 end)

Period / Every day except New Year holidays

Parking Lot / Available (large-size vehicles possible)

Reservation / Reservation required 3 days in advance

## 13 Copperplate making taught by the legendary copperplate master

Experience making reliefs and monoliths. Reliefs are made based on sketches such as self-portraits, zodiac signs, and landscapes. The sketch should be prepared in advance on shikishi-like card paper or it can be prepared by us. You can also use the finished item as accessories like scarf pins or badges.



Minematsu sheet metal 2700-1 Hamajuku Hachijuku, Kashima TEL 0954-62-4030

Experience fee / 2,000 yen

Time / 1 hour to 2 hours

Number of people / As from 1 person (4th grade or more)

Period / Inquiry required

Parking Lot / All-you-can-eat mandarin oranges with mandarin oranges to take home

Reservation / Reservation required several days in advance

Souvenir / With sweet potatoes to take home

## 14 Day camping with nature

Harvest seasonal vegetables, get some rice, eggs, famous waters of Hirata, etc., and enjoy barbecue and a day camp at our hut, which overlooks the pond at the foot of Mt. Gibizan. You can also have a fun cooking experience depending on your ideas, such as making pizza and gratin in a cooking oven.



Suzuyama Farm  
Kashima City, Okawa Mikawachi Nakaasaurako 1433 TEL 090-3607-2907

Experience fee / Adult: 3,000 yen

(including middle and high school students)

Child: 1,500 yen

Time / 11:00~15:00

Number of people / As from 2 people

(please contact us for groups)

Period / As needed (harvest season is recommended!)

Parking Lot / Available

Reservation / Reservation required 1 week in advance

Others / We are waiting for you with vegetables harvested at our farm, as well as rice (2 kg per person). You can also bring your own ingredients.

Please contact us as the type of vegetables varies depending on the season.

## 15 Farming experience

Agricultural experience, such as seasonal vegetable harvesting, is available at the village of Nanpo. In addition, you can bring them to the guest house "Minna no ie" to turn them into delicious dishes. Overlooking the magnificent Mt. Taradake and the beautiful Ariake Sea from "Minna no ie" will make you feel overwhelmed and satisfied. In addition, you can experience the "Kamado" cooking oven, making insect cages, flowing somen, planting potato seedlings, and much more.



Minna no ie 2721-67 Iida Otsu, Kashima City TEL 0954-62-8444

Experience fee / Lunch included: 3,000 yen and up \* 500 yen for each additional experience

Time / Day trip

Number of people / First 20 people

Period / Whole year: "Kamado", the old-style cooking oven experience, "Goemon bath" (a metal bathtub heated directly from beneath) experience and insect basket making

Limited time: Flowing somen (you have to catch the noodles flowing in a bamboo pipe with your chopsticks), planting and harvesting of potato seedlings and onions, picking oranges

Parking Lot / Available

Reservation / Reservation required 3 days in advance

## 16 Let's stay at a Japanese inn !!

For increasing number of urban people who want to reconnect with nature by staying in the countryside, we decided to turn an old private farmhouse in Nanaura into a guest-house to be renamed "Minna no ie". The number of repeated guests is on the rise due to its personalized old fashioned decoration and mouth-tasting food that are of unforgettable memories for the guests.



Minna no ie 2721-67 Iida Otsu, Kashima City TEL 0954-62-8444

Experience fee / Junior high school students or older: [1 person] 11,000 yen

Junior high school students: [1 person] 6,600 yen

Time / 1 night 2 meals

Number of people / Limited to one set per day (up to 20 people)

Parking Lot / Available

Reservation / Reservation required 2 weeks in advance

Other / Farming experience is also possible (extra charge)

## 17 A photography lesson to turn everyday life into excitement

It is a nice course that you can learn in a relaxed atmosphere with a focus on practice. A professional photographer will give you tips for easy shooting. You will learn how to shoot different angles and how to take pictures to look thinner in the pictures. If you shoot from a different angle than before, you will be able to see new discoveries and excitement in the familiar city! You can take wonderful pictures with your digital camera.



Experience fee / 2,000 yen  
Time / 13:00~17:00  
Number of people / As from 3 people  
Period / Whole year  
Parking Lot / Available  
Reservation / Reservation required 1 week in advance  
Souvenir / Large size print or photo book

Oda Photo Studio 1669-5 Koeda Furae, Kashima City TEL 0954-62-3677 E-mail info@odacolor.net

## 18 Kashima Nishiki goods made with the members of Kashima Nishiki Preservation Society

Approximately 200 years ago, Kashima Nishiki was invented by the ninth wife of the Kashima Nabeshima feudal lord, and subsequently inherited by successive ladies. Weaving using high-quality Japanese paper with gold, silver, lacquer foil, etc. on the warp and silk thread on the weft. It takes a lot of time and effort to become a work, but the experience touches on one part of the process. After that, we will make accessories (straps) for souvenirs.



Experience fee / 2,000 yen  
Time / 9: 00-16: 00 (2-3 hours)  
Number of people / As from 1 person  
Period / Every Thursday  
Parking Lot / Available (Able parking lot)  
Reservation / Reservation required 1 week in advance

Kashima Nishiki Preservation Society Lifelong Learning Center Able 3F (Experience place) 2700-1 Notomi, Kashima TEL 0954-62-2151 (Yutoku Museum)

## 19 "Shakyo" (copying Buddhist sutra text to another paper) to refresh your mind and body

It is the birthplace of Kogyo Daishi Kakuban Shonin, who revived Shingon sect and Mt.Kouya and now enshrined there as the God of Learning. Feel free to try out a "shakyo" experience which can help your brain to be relaxed and keep the good balance of your mind and body. We will prepare everything needed for the "shakyo". Why don't you spend a relaxing time with us in this healing atmosphere? The written sutras will be dedicated to the main hall of the temple permanently.



Experience fee / 1,000 yen  
Time / 10:00~15:00  
Number of people / 3 to 48 people  
Period / Whole year  
Parking Lot / 80 cars (large bus available)  
Reservation / Reservation required 3 days in advance

Tanjo-in Kashima-shi large section of the village Noritomi 2011 TEL 0954-62-3402 E-mail kakuban@tanjoin.net <http://www.tanjoin.net>

## 20 Making pickles with seasonal vegetables

In the storehouse of a long-established pickle shop founded in Meiji era, you will experience a full-fledged pickle making using seasonal vegetables. Kashima is also a source of Japanese sake made from rice. A guided tour is also recommended through the town of savory fermentation culture, such as pickles, sake, and soy sauce.



Experience fee / 1,500 yen  
Time / 13:30~16:00  
Number of people / 1 to 30 people  
Period / February-June, September, October  
Parking Lot / Available  
Reservation / Reservation required 1 week in advance

Pickles 1192 Hamacho, Kashima TEL 0954-63-2601 E-mail kechtazo@bronze.ocn.ne.jp [www.facebook.com/tukekurataxou](http://www.facebook.com/tukekurataxou)

## 21 Healing encounters to everyday life

For those looking for comfort, "Maru" guest-house offers a comfortable stay while taking advantage of its geo-position just in front of the station as a gateway link to Hizen Hamajuku connecting a lot of people. "Maru" means "Circle" in Japanese and therefore visitors, staff and the local people aim for such a place where everyone can feel it to become "Maru - The Circle".



Guest House Maru 1204-4, Hamacho, Kashima City TEL 0954-68-0902

Experience fee / Weekdays(except Friday)  
[dormitory: 1 person] 3,900 yen  
[Japanese-style room: 1 person] 5,600 yen  
Fri, Sat, Sun  
[dormitory: 1 person] 4,400 yen  
[Japanese-style room: 1 person] 6,100 yen  
Time / 15:00-19:00 [Check-in] 10:00 [Check out]  
Number of people / [Main building] 1 to 10 people  
[Annex] 1 to 8 people  
Period / Whole year  
Parking Lot / Available  
Reservation / Reservation required

## 22 A traditional building transformed into a guest house

"Ando" is an historical Building in the "Prevention District" where the most important Traditional Buildings are consecrated. This guest-house brings you the perfect atmosphere for calm and relaxation that distinguishes it from a usual guest-house. Upon check-in, the guest immediately blends with this calm atmosphere and we shall guide you through the inn for undefeatable memories.



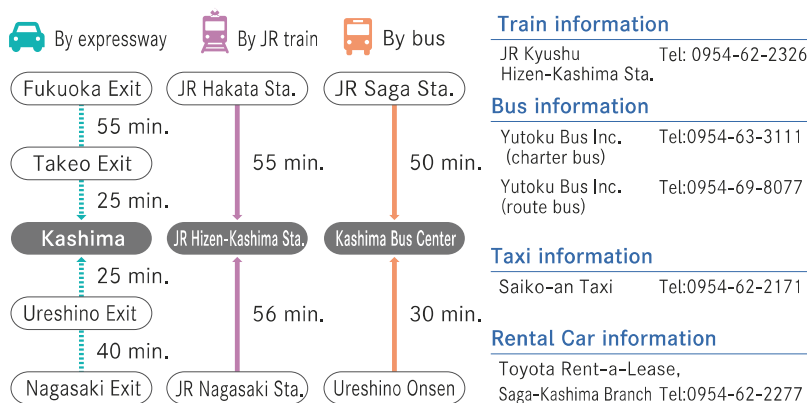
Guest House Ando 2680 Hamamachi Otsu, Kashima TEL 0954-68-0902

Experience fee / Weekdays(except Friday)  
[Private room: 1 person] 4,400 yen  
[Japanese-style room: 1 person] 5,600 yen  
Time / 15:00-19:00 [Check-in] 10:00 [Check out]  
Number of people / 1 to 10 people  
Period / Whole year  
Parking Lot / Available  
Reservation / Reservation required

## Kashima City New Tourism Annual Schedule

			Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec
1	Experience of traditional tanajibu fishing	Nanaura New Tourism Promotion Council Bureau	(0954) 63-1768											
2	Nori (dried seaweed) hand-making course	Nanaura New Tourism Promotion Council Bureau	(0954) 63-1768											
3	Course for enjoying the tidal flat	Nanaura New Tourism Promotion Council Bureau	(0954) 63-1768											
4	Relaxed walking along Orange Road	Nanaura New Tourism Promotion Council Bureau	(0954) 63-1768											
5	Woodworking workshop (robot-making/small chair-making)	Shizen-no-yakata (Nature Hall) Hiratani	(0954) 64-2579											
6	Sweet potato-digging experience	Nanaura New Tourism Promotion Council Bureau	(0954) 63-1768											
7	Orange-picking experience	Conservation Group for the Aquatic Environment between Mt. Taradake and the Ariake Sea "Mizu-no-kai" (Water Group)	(0954) 63-4329											
8	Orange-picking experience	Nanaura New Tourism Promotion Council Bureau	(0954) 63-1768											
9	Orange-picking experience	Council for Capitalizing Orange Road on Mt. Taradake	(0954) 62-2145											
10	Grape-picking experience	Nanaura New Tourism Promotion Council Bureau	(0954) 63-1768											
11	Grape-picking experience	Council for Capitalizing Orange Road on Mt. Taradake	(0954) 62-2145											
12	Guided walking tour of Sakagura (Sake Brewery) Street in Hizen-Hamashuku	Hizen-Hamashuku "Mizu-to-Machinami-no-Kai" (Group of Water and Streets)	(0954) 69-8004											
13	Copper sheet-processing class given by a legendary sheet metal-processing meister	Minematsu Sheet Metal Factory	(0954) 62-4030											
14	Day camping in nature	Suzuyama Farm	090-3607-2907											
15	Agricultural experience	Guest House Minna-no-ie	(0954) 62-8444											
16	Stay at a guest house!	Guest House Minna-no-ie	(0954) 62-8444											
17	Photography class helping change an ordinary day to one that's special and emotional	Photo Studio Oda	(0954) 62-3677											
18	Small Kashima Nishiki item-making class given by members of the Kashima Nishiki Preservation Society	Kashima Nishiki Preservation Society	(0954) 62-2151											
19	Hand-copying Buddhist sutras for refreshing mind & body	Tanjo-in Temple	(0954) 62-3402											
20	Japanese pickle-making with seasonal vegetables	Pickle Shop Tazo	(0954) 63-2601											
21	Guest house	Guest House Maru	(0954) 68-0902											
22	Guest house	Guest House And	(0954) 68-0902											

### ◎Access to Kashima City



◎Distance and travel time between JR Kashima Sta. and major places for hands-on events

#### ■By JR train

Take a JR Nagasaki Main Line train (for Nagasaki) and get off at JR Hizen-Nanaura Sta. (2nd station) to get to Michi-no-eki Rest Area Kashima (8-min. train ride).

#### ■By car

- ☆ Michi-no-eki Rest Area Kashima: 12 min. (7.1 km)
- ☆ Shizen-no-yakata (Nature Hall) Hiratani: 22 min. (15.4 km)
- ☆ Sakagura (Sake Brewery) Street: 8 min. (3.5 km)
- ☆ Kashima City Lifelong Learning Center ABLE (Kashima Nishiki Weaving): 4 min. (1.3 km) (13 min. on foot)

\* Distances and travel times above are approximate when traveling by car.  
 \* Please note that these are for reference only, and are subject to change depending on the route and traffic conditions. Please get information on traffic conditions, etc., near your destinations before visiting them.

## Kashima City New Tourism Promotion Council

2643-1 Oaza Nodomibun, Kashima City (the Council's head office is within the Commerce, Industry and Sightseeing Section of the city government)  
 Tel: 0954-63-3412 Fax: 0954-63-2313

[ For more tourist information, please contact the: ]

### Commerce, Industry and Sightseeing Section, Kashima City Government

2643-1 Oaza Nodomibun, Kashima City, Saga Pref. 849-1312  
 TEL0954-63-3412 FAX0954-63-2313  
<http://www.city.kashima.saga.jp/>

### Saga Kashima City Tourism Association

1494-1 Furueda-kabuto, Kashima City, Saga Pref. 849-1321  
 TEL0954-62-3942 FAX0954-62-3948  
<http://kashima-kankou.com/>

### Kashima City Tourist Information Center

Yutoku Building 1F, 4078 Takatsuhara, Kashima City, Saga Pref. 849-1311  
 TEL0954-62-3942 FAX0954-62-3948  
<http://kashima-kankou.com/>